



WE CHANGE LIVES  
THE KIDSTHERAPY CLUB

**DON'T MISS OUT!**

CALL OUR KTC CONCIERGE ON 0432 486 670 • CLUBS ON 1300 933 009  
EMAIL [INFO@KIDSTHERAPYCLUB.COM.AU](mailto:INFO@KIDSTHERAPYCLUB.COM.AU)





# THE KIDSTHERAPY CLUB

OCCUPATIONAL THERAPY

EXERCISE PHYSIOLOGY

PSYCHOLOGY

COUNSELING

PREP READY PROGRAM

GROUP THERAPY PROGRAMS

TEEN KONNECT

FREE FAMILY SUPPORT

HOLIDAY CAMPS

WE SUPPORT KIDS AGED 2-18



[WWW.KIDSTHERAPYCLUB.COM.AU](http://WWW.KIDSTHERAPYCLUB.COM.AU) | Call us today! 1300 933 009 | [info@kidstherapyclub.com.au](mailto:info@kidstherapyclub.com.au)

43 Greenacre Drive, Parkwood QLD 4214 | 39-41 Wongawallan Dr, Yarrabilba QLD 4207

All of our fees comply with standard NDIS rates. KTC does not charge above these rates. Please note, all Medicare and NDIS rates are the same.



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# THE KIDS THERAPY CLUB

WELCOME TO OUR WORLD!

## ONE ON ONE THERAPY & SUPPORT SERVICES

We offer one on one therapy, assessments and services with Occupational Therapists, Speech Pathologists, Psychologists, Counselors, Exercise Physiologists and a team of allied health assistants. Parent support sessions are also available.

We pride ourselves on providing families with the critical support and guidance required in the management of a loved one with special needs and disabilities, hence the reason we are a club and not a clinic. Our goal is ensuring that you and your child have a sense of belonging, whilst being guided by our multidisciplinary team to achieve the best outcome for your child and family unit.

Contact our team today to discuss your one on one therapy needs.

### GROUP THERAPY PROGRAMS AND CAMPS

Explore our evidence based and acclaimed group therapy programs.

NDIS can be used for all therapy, services, assessments, group programs and camps.

**KTC - we change lives!**

**Teen Konnect** - Parkwood, Yarrabilba & Logan, every Saturday 9-4pm. NDIS approved. A full day of 'Real Therapy in Real Life', for kids aged 11-18. Led by our senior therapy team.

**Prep Ready Program** - Parkwood and Yarrabilba. A therapist led program for kids aged 4-6 with special needs and disabilities. Designed to equip kids with the critical emotional and behavioral skills for a smooth transition to prep. From February 10th, Term 1 - 4 2025.

**Social Bootcamp** - Yarrabilba. 2 x 1hr a week after school, designed for ages 6-10 and 11-18. Kids engage in exercise Physio and gaming activities designed to improve social skills, executive functioning skills and team work.

**Holiday camps** run five times a year for ages 6-10 and 11-18. Parkwood and Yarrabilba. A week of fun therapy based activities, incursions and excursions, creating a memorable week for our juniors and teens.

This is an all inclusive program / NDIS can be used for this program.  
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NDIS funding can be used for this program

**All-inclusive fee: \$552.91**

FULL DAY RATE



# TEEN KONNECT

**EVERY SATURDAY, 9 - 4 PM. AGES 11 - 18. SERVICES RUN FROM LOGAN (SLACKS CREEK) YARRABILBA OR PARKWOOD.**

## REAL THERAPY IN REAL LIFE

There's no better way for your child to master critical independent living skills than by putting them into 'real-life' practice at Teen Konnect. This program offers a more engaging and effective therapy environment than traditional one-on-one sessions. Where better to learn these skills than in a group of like-minded, age-appropriate peers, supported by qualified therapists. Parent support sessions are also available.

The focus of each Saturday session is:

- Social Skills
- Independent living skills
- Positive mental health

### Testimonial



*Teen Konnect has been and is integral in our all our lives as a family. It is literally a life saver, a life changer and a life giver.*

*To have somewhere to go outside of home independently is big for both Charlie and us as a Family. It is respite for us and was the only respite for a period.*

*For Charlie it's a how to and an opportunity for making friends, it's coping with different social situations and others while also being out in the community.*

*Having so many learning opportunities in real time while being in a safe space with professionals there to guide you is, I think, revolutionary in therapy.*

*Long live TK. We thank you.*

Each Saturday commences with a session of movement and exercise physiology, with our exercise physiologists. This is followed by therapy based interactive activities with our team based on the topic of the week, which can include but is not limited to the following: personal hygiene, bullying, cyber safety, cooking, money management, future visions and goals, hobbies, peer pressure, cooking, job options and so much more.

Our groups then embark on adventure excursions into the community which include escape rooms, Currumbin, Movie World, Sea World, iFly, Treetop Challenge, iPlay, cinema, bowling, golfing, self-defence workshops, cooking and more. Meals and beverages are served throughout the day.

TK is designed to equip your child with the critical skills for a positive, capable and confident future. No child should be alone or isolated during their adolescent years. TK is their source of professional support on their journey. Friendships, connections and tremendous support are developed and found amongst our tweens and teens in the program, as they embark on a new journey into their new, supported group. Parents and caregivers, witness your tween or teen thrive as they flourish in their new social network.

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Junior Camps 6-10 / Senior Camps 11-18  
**\$2,586.20**



# THE KIDS THERAPY CLUB

WE ARE QUEENSLAND'S LEADING ALLIED HEALTH THERAPY SERVICE FOR KIDS WITH SPECIAL NEEDS AND DISABILITIES, AGES 6 - 10 & 11 - 18.

## KIDS THERAPY CLUB'S SCHOOL HOLIDAY CAMPS!

Experience an unforgettable School Holiday. Yarrabilba and Parkwood ages 6-10 and 11-18.

We blend fun, adventure, and therapy-based activities for a memorable week. Camps run five times a year during school breaks. Our camps are memorable, enjoyable and affordable.

Led by our team of Occupational Therapists, Exercise Physiologists, Psychologists, Counselors, Speech Language Pathologists and allied health assistants, our camps focus on crucial therapy skills: social and emotional development, fine and gross motor skills, executive functioning skills and independent living skills.

Exciting excursions and incursions are part of the week, with activities like Sushi making, iFly, Paradise Country, Tree Top Challenge, circus, QPAC shows, Seaworld, escape rooms, and more. Let KTC guide your child in discovering the community, working on therapy goals, building confidence, and reaching their full potential.

**NDIS can be used for this program.**

### School Holiday Camps & Ready Camp

Monday to Friday  
Juniors 6-10: 9-3pm / Seniors 11-18: 9-4pm

### Term 4 - Christmas Camp

16th Dec - 20th Dec, 2024

### School Readiness Camp

20th Jan - 24th Jan, 2025 *Ages Prep to year 12*

### Easter Camp

April 14th - 17th, 2025 *4 Days Only Due To Easter*

### Winter Camp

July 7th - 11th, 2025



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Limited places available!  
Booking deadline - March 10th, 2025

**\$421.00 per day**

# THE KIDS THERAPY CLUB



## PREPARING KIDS WITH SPECIAL NEEDS AND DISABILITIES FOR A POSITIVE TRANSITION TO PREP, 2026.

### PREP READY PROGRAM

**STARTS MAY 6th, 2025.**  
**MONDAY, TUESDAY and WEDNESDAY**  
**from 8.30am - 3pm. KTC YARRABILBA.**

Children are welcome to attend 2 - 3 days per week however, days selected must be consecutive. The program is term based (Term 1, 2, 3 and 4). Prep ready also runs for 5 full days prior to your child's start to prep in January 2026.

Children with special needs and disabilities are prone to struggle with their transition to prep. Prep is a vastly different experience to a kindy and home environment. Our program is designed to ensure that your child is equipped with the critical skills to cope with the expectations and requirements of prep and primary school. The Prep Ready Program is delivered in a classroom setting by our teaching and therapy team. Children must be aged 4-6 and entering prep the following year. Our program ensures that upon completion, your child will experience a positive and smooth transition to prep in 2026.

#### Program Focus:

- Positive behaviour and self-regulation
- Anxiety management
- Appropriate classroom behaviour
- Social skills and communication
- Literacy and numeracy basics
- Following instructions and directions effectively
- Coping with change
- Mindfulness
- Fine motor skills and handwriting
- Social skills and connecting with others positively
- Teamwork
- Staying on task
- Separation anxiety

A primary focus of the program is also occupational therapy and exercise physiology. Your child is welcome to do their OT and EP sessions at KTC as part of their program at no extra fee. We see this as being a critical measure, in order for the team to work in unison, targeting your child's specific therapy goals, as well as their progress throughout the year. Naturally, this accelerates your child's progress. At the completion of the Prep Ready Program, your child is welcome to continue their OT and EP with their therapist.

Upon completion, your child will be equipped with the critical skills to commence their prep year with confidence and ease. Parents will receive a written report for your child's prep teacher to support your child's individual growth in 2026.

*\* Primary schools also refer pupils to the program when they cannot continue at school. You are welcome to contact KTC.*



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## SOCIAL BOOTCAMP

The game changer for kids and teens.

### YARRABILBA TERM 1-4

2 x 1 hr sessions per week after school Monday and Wednesday

- Ages 6-10 - 3.30 - 4.30
- Ages 11-18 - 4.30 - 5.30

### PARKWOOD TERM 2-4

2 x 1 hr sessions per week after school Tuesday and Thursday

- Ages 6-10 - 3.30 - 4.30
- Ages 11-18 - 4.30 - 5.30

This program is a 10 week term-based program, kids are welcome to commence at any time.

Experience accelerated results in our evidence based Social Bootcamp program. Led by therapists, this unique program, with over 5 years of success, delivers significant benefits in a small group setting.

Social Bootcamp 2 X 1 hour per week after school Monday and Wednesday

**\$129.32 (\$64.66 PER SESSION)**



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Standard NDIS rate  
**\$166.99**



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### EXERCISE PHYSIOLOGY

EP is the game changing therapy for kids and adults with autism and ADHD. EP is delivered by our university-trained exercise physiologists, these are not personal training sessions, true exercise physiology is so much more. In just 6 months you will be witness to the radical progress that your child makes from these specialised and individually targeted therapy sessions. KTC often recommends that members commence their therapy journey with EP, prior to OT, speech and counselling therapy.

#### Tailored programs for optimal progress

Every child begins with a thorough assessment, paving the way for a personalized program co-created with parents and aligned with therapy goals. EP targets and enhances:

- Gross motor skills
- Fine motor skills
- Balance
- Sensory reactivity
- Self-regulation
- Muscle strength

As your child progresses physically, improvements extend to stress management, social skills, communication, sensory processing, and heightened focus.

#### Not just for kids : EP is also available to adults at KTC!

EP isn't exclusive to children; it extends its benefits to adults dealing with conditions like MS, CP, musculoskeletal diseases, stroke, and Parkinson's.

#### What sets EP apart?

EP goes beyond traditional therapies, addressing the communication barriers between the brain and body in neurodivergent children like those with ASD and ADHD. It often proves more effective than Occupational Therapy, accelerating progress in various areas.

#### Unleash benefits of EP for your child?

Take the first step towards a healthier, more vibrant future by completing the below enquiry form. Our dedicated team will promptly reach out to guide you through the transformative journey of Exercise Physiology at Kids Therapy Club.

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Standard NDIS rate  
**\$193.99**



Standard Functional  
Capacity Assessment  
**\$1,551.92**

# THE KIDS THERAPY CLUB

WE ARE QUEENSLAND'S LEADING ALLIED HEALTH THERAPY SERVICE FOR KIDS WITH SPECIAL NEEDS AND DISABILITIES, AGED 2 - 18 YEARS OF AGE.

## OCCUPATIONAL THERAPY

### Developing Skills for Everyday Life

Our qualified team of Occupational Therapists offer various standardized assessment services, as well as play based assessments across all areas of paediatric OT.

This includes functional capacity assessments, as well as written support for NDIS requirements.

We cater to various challenges associated with conditions such as Developmental Delay, Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder, Cerebral Palsy, Down Syndrome, Developmental Coordination Disorder/Dyspraxia, Dyslexia and more. At Kids Therapy Club, our Occupational Therapists support children to do what they want, need and have to do in their everyday lives. We do this by developing a range of target areas that are necessary to be independent and confident with everyday tasks and activities.

Some of the target areas our OTs support children and families to develop resulting in greater independence and self-esteem include:

- Fine and gross motor skills (otherwise known as physical development)
- Cognitive and learning skills
- Executive functioning skills
- Sensory integration
- Social skills
- Self-regulation skills
- Visual perception and visual-motor integration skills
- School-based skills such as handwriting
- Self-Care skills
- Healthy daily routines

Our skilled Occupational Therapists work closely with children, parents, and caregivers to define goals and tailor therapy plans. Recommendations for session frequency and duration are based on individual needs and progress, with the ultimate decision left to you.

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Counselling  
**\$156.16**

Psychology  
**\$222.99**



# THE KIDS THERAPY CLUB

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## MENTAL HEALTH PROFESSIONALS

### Individual Support & Guidance

At Kids Therapy Club, We offer 1:1 psychology and counselling sessions to all age groups at our Yarrabilba and Parkwood club's. Our mental health professionals focus on supporting children in understanding their world and what is happening around them. Naturally, this helps families understand how a child's mind ticks and how they can be supported throughout childhood and into the future. Through child mental health we address language learning, imaginary play, core memory functioning, decision-making and problem-solving.

Child mental health also address a wide range of individual needs and concerns, including grief, trauma, family dynamic issues, education, developmental delays, and support for various learning difficulties and disorders such as Autism Spectrum Disorder, Attention-Deficit Hyperactive Disorder, and more.

Our mental health team offer clinical and standardised assessments across a number of areas including:

- Beck Youth Inventories: anxiety, depression, anger, self concept and disruptive behaviour
- S&D Questionnaire (SDQ): emotional problems, conduct problems, hyperactivity, peer problems and prosocial skills
- Conners 3: ADHD, conduct disorder, oppositional defiant disorder
- Adaptive behaviour assessment system
- DASS: depression anxiety and stress scale
- WPPSI 3: Weschler preschool and primary scale of intelligence
- Autism Diagnostic Observation Schedule (ADOS): used as evidence towards an ASD diagnosis
- WISC-V: Weschler intelligence scale for children

Parents and carer support is also available at KTC. Please call the club to learn more about our parent and carer services, and fortnightly group support sessions available at parkwood and yarrabilba.

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This fortnightly program is free, spaces are limited, bookings are essential.

# THE KIDS THERAPY CLUB

**PARENT KONNECT IS OFFERED AT YARRABILBA ON A FORTNIGHTLY BASIS - EVERY SECOND THURSDAY 9:30 - 11AM WITH OUR COUNSELLORS.**

## PARENT KONNECT

We recognise the pressure and stress parents and carers experience managing the needs of a loved one with special needs or disabilities. You may often experience intense feelings of helplessness, shame or guilt, a belief that you are the only one who has these experiences and that there is something wrong with you or your children.

The experience of being with other parents and carers, sharing concerns and learning new and positive ways to navigate difficult emotional situations can enhance the resilience and wellbeing of your entire family, and most importantly YOU.

PK is not a classroom, nor just another parent program or course, it is specifically designed to create change, offer support amongst individuals sharing the same challenges, and a safe space to access positive solutions and relevant information based on what the group nominates as their priority. PK is SOLUTION, SUPPORT and SKILL focussed.

Research shows that support groups provide healthy and realistic parenting skills, an increased sense of empowerment, and a feeling of belonging. Discovering that you are not alone and connecting with others is critical. The benefits of parent-to-parent & carer-to-carer connections are well documented (Ireys et al. 2001; Law et al. 2002; Henderson et al. 2014; Sartore et al. 2013).

At PARENT KONNECT we will help you with the following:

- Gain coping skills
- Decreased feelings of isolation
- Improved physical and psychological health
- Acquisition of relevant knowledge and skills that YOU nominate

The Kids Therapy Club conducted Parent Konnect programs for many years prior to covid. It was a privilege to see the parents and carers benefit from the support groups, whilst also developing new friendships, improved mental health and a valued network that shared experiences and offered a sense of belonging.

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Please contact the club for various set NDIS fees for assessments, as these depend on the specific assessing and reporting you require.



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## ASSESSMENT SERVICES AT KIDS THERAPY CLUB

At Kids Therapy Club, we provide various 1:1 therapy services, group therapy programs, family support, and holiday camps for kids and teens. We also handle documentation needs for health professionals, schools, and the NDIS. Please discuss your specific requirements with your therapist, branch manager, or concierge.

### Available Assessments:

**Functional Capacity Assessments:** These evaluations combine tests, observations, and practices to determine a person's ability to function in daily life. They help identify needs for therapy, equipment, aids, and daily support, and are often required for NDIS plans.

**Sensory Profile:** Measures a child's sensory processing abilities and their impact on daily functioning. This assessment includes questionnaires completed by parents and teachers to assess how the child responds in different settings.



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